



NAVAJYOTHI
Arts & Science College, Cherupuzha
AFFILIATED TO KANNUR UNIVERSITY

NAVAJYOTHI SPORTS ANIMATION CENTRE (N-SAC)

ANNUAL REPORT

ACADEMIC YEAR 2016 - 2017

Navajyothi sports animation centre (N-SAC) is the committee formed to organise and coordinate the sports related activities of the college. The committee consists of faculty members, student's union members and students representing the various departments of the college. Sports at Navajyothi College lasts for one week starting with games events and the final day is reserved for conducting athletics events. The games events are conducted after academic hours from 3:30 pm. One whole day is used to conduct athletics events. N-SAC provides swimming training and gym facilities to the students in association with St. John's School, Palavayal and made to Fit Gymnasium, Cherupuzha. Basketball training is also provided to the students with the help of outside trainers. The committee members for the academic year 2016– 2017 are as listed below :

1. Fr.Sijoy Paul (Convenor)
2. Mr.Ragesh K V (Faculty Coordinator)
3. Ms.Bindhu Sebastian (Librarian)
4. Mr.Vishnu Balakrishnan (Chairman)
5. Mr.Lijo Varghese (General Captain)
6. Mr. Robin Antony (Department of Management Studies Representative)
7. Mr.Nithin Joseph (Department of Computer Studies Representative)
8. Mr.Jeswin O S (Department of English Representative)
9. Ms.Anusha Tom(Department of Commerce Representative)

Major Events :

1. Navajyothi College organised and conducted the Baselious Memorial Basketball Tournament.
2. Volleyball Tournament.

Intra Collegiate Events :

In intra collegiate level there are both athletics and games events. In athletics there are 12 events for both boys and girls, and in games there is six events for boys and one event for girls. During the year 56 students (37 boys and 19 girls) participated in various events.

Inter Collegiate Participation and Prizes (Kannur University):

1. Mr.Anand Jerald secured first position in Swimming.
2. Dhanya Sebastuian – 3rd position in 5 km walking



Sports competitions

**EVENTS OF 2016-17
ATHLETIC EVENTS**

MEN	WOMEN
100 Mts	100 Mts
200 Mts	200 Mts
400 Mts	400 Mts
800 Mts	800 Mts
1500 mts	1500 mts
Long Jump	Long Jump
High Jump	High Jump
Short Put	Short Put
Discuss Throw	Discuss Throw
Javelin Throw	Javelin Throw
4X1000 M Relay	4X1000 M Relay
5KM Walking	5KM Walking

SPORTS ITEMS

MEN	WOMEN
Volley Ball	Shuttle (Double)
Cricket	Tug Of War
Basket Ball	
Foot Ball	
Shuttle(Single)	
Shuttle (Double)	
Tug Of War	