



NAVAJYOTHI
Arts & Science College, Cherupuzha
AFFILIATED TO KANNUR UNIVERSITY

NAVAJYOTHI SPORTS ANIMATION CENTRE (N-SAC)

ANNUAL REPORT

ACADEMIC YEAR 2019 - 2020

Navajyothi sports animation centre is the committee formed to organise and coordinate the sports related activities of the college. The committee consists of faculty members, student's union members and students representing the various departments of the college. Sports at Navajyothi College lasts for one week starting with games events and the final day is reserved for conducting athletics events. The games events are conducted after academic hours from 3:30 pm. One whole day is used to conduct athletics events. N-SAC provides swimming training and gym facilities to the students in association with St. John's School, Palavayal and made to Fit Gymnasium, Cherupuzha. Basketball training is also provided to the students with the help of outside trainers. The committee members for the academic year 2019– 2020 are as listed below :

1. Fr.Anto C N (Convenor)
2. Mr.Stenil George (Faculty Coordinator)
3. Ms.Hema Mary Philip (Faculty Coordinator)
4. Ms.Bindhu Sebastian (Librarian)
5. Mr.Joyal Mathew (Chairman)
6. Mr.AthulTomy (General Captain)
7. Mr. Pranav P P (Department of Management Studies Representative)
8. Mr. Naveen Jose (Department of Computer Studies Representative)
9. Ms. Angel Chacko (Department of English Representative)
10. Mr. Arjun K V(Department of Commerce Representative)

Major Events :

1. Intra collegiate Basket Ball tournament .
2. Volleyball Tournament.
3. Foot Ball Tournament

Intra Collegiate Events :

In intra collegiate level there are both athletics and games events. In athletics there are 12 events for both boys and girls, and in games there is six events for boys and one event for girls. During the year 71 students (48 boys and 23 girls) participated in various events.

Inter Collegiate Participation and Prizes (Kannur University):

1. Mr. Antony Johnson secured first position in 5Km RW.
2. Mr. Milan Antony secured second position in walking.
3. Mr. Arjun K V secured second position in Javelin Throw.
4. Ms.Aneena A J secured third position in 5Km RW.

EVENTS OF 2019-20

ATHLETIC EVENTS

MEN	WOMEN
100 Mts	100 Mts
200 Mts	200 Mts
400 Mts	400 Mts
800 Mts	800 Mts
1500 mts	1500 mts
Long Jump	Long Jump
High Jump	High Jump
Short Put	Short Put
Discuss Throw	Discuss Throw
Javelin Throw	Javelin Throw
4X1000 M Relay	4X1000 M Relay
5KM Walking	5KM Walking

SPORTS ITEMS

MEN	WOMEN
VOLLEY BALL	Shuttle (DOUBLE)
CRICKET	TUG OF WAR
BASKET BALL	
FOOT BALL	
Shuttle(Single)	
Shuttle (Double)	
Tug of War	



Sports Day 2019-20

