



A SEMINAR ON WORLD POPULATION DAY

REPORT

In connection with World population day celebration LAKSHYA WOMEN CELL of Navajyothi College Cherupuzha conducted a seminar on WORLD POPULATION DAY on 11th July 2017, which was inaugurated by Prof. Lillykkutty Chacko, Principal, Navajyothi college, Cherupuzha and the chief guest and resource person of the seminar was Mr Shanavas, Assistant Professor, Govt. College, Mananthavady. He explained the increasing trend of population and the problems consequent upon it and the measures to control it. He also explained how population growth among the minorities caused serious problems in the distribution of farm land and food supply, low personal income, rise in the unemployment rate. Not less than 200 students participated in the seminar and it was a grand success in the history of Navajyothi college and Women cell.



Audience (Seminar on world population day 11/07/2017)



SEIF-DEFENCE TRAINING PROGRAMME

Report

A **Self Defense Training Programme** was organized by LAKSHYA WOMEN CELL 13.09 2017 for girl students and it was done by Mr. Vinod Kumar, Alan Tilak Karate School, Payyannur. He explained in detail various techniques of self-defense and made the students practice in the demonstration session. The programme made the students aware of self-defense techniques and helped to increase their confidence level.

The main **purpose** of the programme was **to make the attendees aware of their own hiddenpower to fight against any kind of attack.** Nowadays many roadside attacks such as like **chain snatching, acid attacks or eve teasing andrape are reported.** To **keep ourselves safe and secure** from suchattacks, we have to learn and practise **self-defence techniques.**The trainer performed many self-defence techniques. Some students also participated in it. All were **overwhelmed by the dexterity shown by the trainer.** The programme was a grand success and around 100 students participated in the event.





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DEBATE COMPETITION

REPORT

In connection with Women's Day Celebration LAKSHYA WOMEN CELL of Navajyothi College organized a department wise debate competition “*Is India safe for women?*” on 08/03/2018. The programme started with a prayer and was followed by welcome speech Mrs. Honey Johnson, Women cell member, Prof. Lillykkutty Chacko, Principal, presided over the meeting and Fr Siby Joseph, Director, Navajyothi college, Cherupuzha inaugurated the seminar. After the official function students from various departments actively participated in the debate and the PG Department of commerce and the PG Department of English won first and second place respectively.

It has been decided to award *Women Puraskar* to Ms Aleena Biju (student) Rs 2000 for her notable achievements in sports and contributions in the society especially from the Navajyothi College.



Debate in Progress-*Is India safe for women?*